

## CLINIC FORMAT

Participants can arrive on Saturday at 8:30 a.m. and are expected to be ready to go under saddle by 10 a.m.

Expect to take away the three P's of equitation:

- Principles – How to direct the horse with nearly invisible aids
- Preparedness – skills and drills that enable you to work with your horse and develop that relationship that enables correct lead changes and free flowing movement.
- Patterns – How to interpret the patterns assigned in the arena and ride with confidence and control.

On Sunday, participants can arrive at 8 a.m. and expect to be under saddle by 9 a.m. Each person will ride a pattern and be evaluated by our clinicians on their own performance. This is not a competition rather a way for the rider to learn where their strength and weaknesses lie and what areas on which they need to focus

Saturday, April 13

- 10 a.m. – 12 noon – Preparedness
- 12 noon -12:45 p.m. – Lunch
- 1:00-3:00 p.m. – Principles
- 3:00-4:00 p.m. – Patterns

Sunday April 14

- Evaluations begin at 9 a.m.
- Warm-up in covered arena evaluations; evaluations in outdoor arena
- 12 Noon wrap-up and check out

*Riders of all levels are welcome from entry level to advanced. We will be sure that you are placed in the correct group to insure a quality riding experience at this clinic.*



R & M Stables  
1060 Goshentown Road  
Hendersonville, TN

## Equitation Clinic Saturday and Sunday, April 13 & 14, 2019

**Cost: \$200.00**

This fee must be paid at time of sign-up. There are no refunds for cancellations

***Equitation is the art or practice of horse riding or horsemanship. Come join us for an intensive clinic where you will learn how to be in balance with your horse, maintain a correct position in each gait and movement all while possessing a commandina. but relaxed presence.***

Clinic is limited to 12 riders. Riders will be divided into two groups with one working in the outdoor arena and one group in the covered arena.

**Clinicians: Jessica Lyons and Mindy Welch**



**For Information, call Ron Chlasta 615-712- 3513.  
Leave a message for best response!**

Jessica Lyons



As the Breeds Division Coordinator at the Kentucky Horse Park, Jessica has had the opportunity to work with all types of horses from minis to drafts. Although dressage is her primary discipline, she also has experience riding western, sidesaddle, and a variety of gaited horses. Jessica has attended the National Mounted Police Colloquium since 2009 and is a certified instructor through the Certified Horsemanship Association and the International Society of Rider Biomechanics. She is an adjunct professor at Asbury University where she has taught horseback riding and driving classes for over 10 years. Competing as a professional in USEF recognized competitions, Jessica has won numerous blue ribbons and is currently working towards earning her USDF Bronze Medal. She was named the ISRB Rider of the Year in 2015 and her horse was voted ISRB Horse of the Year in 2016.

Mindy Welch

Mindy Welch has experience teaching a variety of lessons from ground work, equitation, therapeutic riding, mounted patrol training and obstacle work. She is currently certified through the Professional Association of Therapeutic Horsemanship as a Therapeutic Riding instructor and through the American Riding Instructor Association in Mounted Patrol Training Officer, Stable Management and Recreational Riding. Mindy teaches part time at Central Kentucky Riding for Hope teaching therapeutic riding lessons, taught annually at the Mounted Police Colloquium since 2013 at the Kentucky Horse Park, Pony Club Festival in 2014 and 2017, and traveled up to different parts of Ontario Canada to teach equitation and obstacle work for The Ontario Mounted Special Services Horse School. She also has over 12 years of experience teaching desensitizing and obstacle work both from the ground and under saddle.

